



# 5th North East National Level Karate Championship

Under the Aegis of Karate Association India (KAI)

Organised by : Arunachal Karate Association (AKA) Recognised by: Department of Sports, Govt. of Arunachal Pradesh

Arunachal Olympic Association (AOA)







This is to certify that

Shri/Smti. Thekeabha Kharbihkhiew

of MEGHALAYA

State have participated in the

5th North East National Level Karate Championship

held from 17th to 18th December 2017

at Nyokum Lapang Ground, Itanagar, Arunachal Pradesh

and Secured Silver in the Team Kata event

Senior Women wein

SHIHAN LIKHA TARA President (NESKFI)

SHIHAN C. DOSABHUNGA General Secretary (NESKFI)

SHIHAM S. DEBEN SHARMA SENSEI BULANG MARIK - Technical Director (NESKFI)

Org. Secretary (5th NENKC)



Rajendra Kumar Sunheri Devi Jain Charitable Endowment Award (Book Grant)

# Citation

Ms. Holiness Warjri, passed her BSc (Honours) Zoology Examination in first class securing high percentage of marks among the candidates in the year 2017.

In recognition of her achievement, she has been selected for the "RAJENDRA KUMAR SUNHERI DEVI JAIN CHARITABLE ENDOWMENT BOOK GRANT" for the year 2017.

This award is, therefore, hereby presented to Ms. Holiness Warjri, at this TWENTY-FIFTH CONVOCATION of the North-Eastern Hill University, Shillong, on the Twenty-Eighth Day of November, Two Thousand and Eighteen.

Vice-Chancellor











2<sup>ND</sup> BFI ELITE MEN'S EAST ZONE BOXING CHAMPIONSHIP SHILLONG 2019

**ORGANISE BY: MEGHALAYA BOXING ASSOCIATION** 

**VENUE: U TIROT SING INDOOR STADIUM, LACHUMIERE, SHILLONG** 

DATE: 3RD AND 4TH JULY

UNDER THE AUSPICES OF EAST ZONE BOXING COUNCIL

# Certificate of Merit

| Chis is to certily | that Mr.   | Baiamuttang | Sungoh |                |
|--------------------|------------|-------------|--------|----------------|
| Son of             | R Syntem   |             |        |                |
| <b>多</b> orn       | 16/11/2000 |             |        |                |
| Represented        | Megnalaya  |             |        |                |
| in the             | 60 kg      |             |        | wight category |
| Secured            | Silver     |             |        |                |
|                    |            |             |        |                |

Giran &

President East Zone Boxing Council Kalikanta Boro Secretary

East Zone Boxing Council

Larry Kharpran Organising Secretary Dinesh Biswa President New Era SS&CC Navin Thapa Gen. Secretary New Era SS&CC MEGHALAYA STATE OLYMPIC ASSOCIATION



# Merit Certificate

This is to certify that

| Mr/Ms | Badonboklans | Khorlynaka |           |
|-------|--------------|------------|-----------|
| From  | Synool       | 9.         | _College, |

participated in the Inter College Sports Quiz Competition 2019

at the "Olympic Day Celebration 2019",

and was awarded Secon Prize

Organized by the Meghalaya State Olympic Association on the 18th June 2019, at U Soso Tham Auditorium.

Shri J. F. Kharshiing Working President MSOA

Vice President
cum Chairman Quiz Organising Committee
MSOA

Shri Chiranjib Choudhury General Secretary MSOA





# "National Level North East Karate Championship

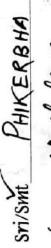
Organised by : NORTH EAST STATES KARATE FEDERATION OF INDIA(NESKFI) Hosted by : UNITED KARATE-DO ASSOCIATION, ASSAM(UKAA)

Affiliated to: KARATÉ ASSOCIATION OF INDIA (KAI) & ASSAM OLYMPIC ASSOCIATION KAI Member of: WORLD KARATE FEDERATION (WKF) & ASIAN KARATE FEDERATION (AKF) Recognised by: GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS & SPORTS)



No. NESKFI /322/2019

This is to certify that



KHARBIHKHIEW



State participated in the 7th National Level North East

Karate Championship held on 18th & 19th December, 2019 at Assam Veterinary College Indoor Stadium,



position in the Kata/Kumite

Organising Chairman Bharat Ch. Narah



General Secretary, NESKR **Bulang Marik** 

al Director, NESKFI sben Sharma



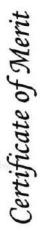




# 7"National Level North East Karate Championship

Hosted by : UNITED KARATE-DO ASSOCIATION, ASSAM(UKAA)

KAI Member of : WORLD KARATE FEDERATION (WKF) & ASIAN KARATE FEDERATION (AKF) Recognised by : GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS & SPORTS) Affiliated to : KARATE ASSOCIATION OF INDIA (KAI) & ASSAM OLYMPIC ASSOCIATION



No. AESKEY 830/ 2019

This is to certify that

Sri/Smt Phikusha Khandinkhileus

State participated in the 7th National Level North East

Karate Championship held on 28th & 29th December, 2019 at Assam Veterinary College Indoor Stadium, Myhalaya

Khanapara, Guwahati-781022, Assam and secured

2 not

position in the Kata/Kumite

event Linear

Woman

S. Deben Sharma

Organising Chairman Bharat Ch. Narah



General







# Certificate of Merit

Phikerbha Khanbihkhiew of All Meghalaya Kanate - do Association participated in the

28th State Karate Championship 2019

held at Indoor Sports Hall, J.N. Sports Complex, Polo Ground, Shillong

and was placed First / Second / Third

in Boy's/ Girl's/ Men/ Women/ Individual / Team

Shri Hunlang Lytan,

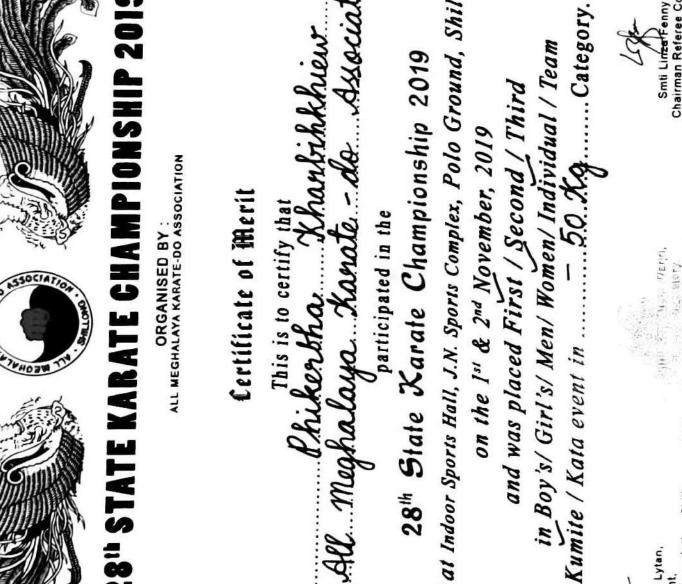
President

All Meghalaya Karate-Do Association, Shillong

All Meghalaya Karate-Do Association, Shillong Chairman Referee Commission,

coplation, Shillong







# Certificate of Merit

Phikertha Khanlinkhiews of All Meghalaya Kanate - do Association

28th State Karate Championship 2019 participated in the

held at Indoor Sports Hall, J.N. Sports Complex, Polo Ground, Shillong ..... Category. in Boy's/ Girl's/ Men/ Women/ Individual / Team and was placed First / Second / Third on the 1st & 2nd November, 2019 Kumite / Kata event in them.

Shri Hunlang Lytan, President.

All Meghalaya Karate-Do Association, Shillong

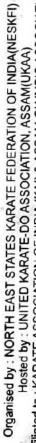
All Meghalaya Karatti







# 7" National Level North East Karate Championship



Affiliated to : KARATE ASSOCIATION OF INDIA (KAI) & ASSAM OLYMPIC ASSOCIATION

KAI Member of: WORLD KARATE FEDERATION (WKF) & ASIAN KARATE FEDERATION (AKF) Recognised by: GOVT. OF INDIA (MINISTRY OF YOUTH AFFAIRS & SPORTS)



No. NESKey/504/2019 This is to certify that

Sri/Smt Phikursha Klante thehieur

of My halaya

Karate Championship held on 28th & 29th December, 2019 at Assam Veterinary College Indoor Stadium,

State participated in the 7th National Level North East

Khanapara, Guwahati-781022, Assam and secured - 3 mol

position in the Kata/Kumite

Wamen - 50 Kg

event Sinen

Technical Director, NESKFI S. Deben Sharma

Organising Chairman Bharat Ch. Narah

C. Dosabhunga President, NESKFI

General Secre



Assam, Entertainment, Manipur, Meghalaya, Northeast News, Sikkim

# Pema Choden Bhutia, Danube Kangjam, Sanwaka Surong crowned 18th Sunsilk Mega Miss North East 2021





(L-R) Winners of Sunsilk Mega Miss North East 2021 Pema Choden Bhutia, Danube Kangjam and Sanwaka Surong.

Spellbinding an audience from all across the **Northeast** region, Sanwaka Surong from **Meghalaya**, Pema Choden Bhutia from Sikkim and Danube Kangjam from Manipur were crowned the title winners of 18th Sunsilk Mega Miss North East 2021.

The models were declared the winners during the beauty pageant organised at the ITA Cultural Complex, Machkhowa in Guwahati on Wednesday evening.

Having completed 18 glorious years, Mega Miss North East is the biggest beauty pageant of Northeast India, conceptualized by fashion entrepreneur Abhijit Singha, produced by Mega Entertainment and

marketed by Mega Activation.

The contestants travelled to Guwahati for several days of activities including grooming and training sessions conducted by Mega Entertainment, brand photoshoots and activities, followed by rehearsals, leading up to the Grand Finale of the pageant.

The pageant has been supported by title sponsor Sunsilk 'Dream On, Shine On, With Sunsilk Thick & Long' in association with Eyetex Dazzler, hospitality partner Radisson Blu, shopping partner Sohum and jewellery partner L. Gopal Jewellers, a unit of Jagmohan Soni, located at Christian Basti and Kalapahar.

# Also read: Two Assam writers get Sahitya Akademi Award

Earlier, Abhijit Singha, founder of Mega Entertainment, announced that there would be no runners-up titles in Sunsilk Mega Miss North East 2021 and all three winners would be crowned equally as winners of the pageant, with equal prize packages and benefits.

Speaking at the grand finale of the event, Singha said, "Mega Entertainment is delighted to introduce the three winners of Sunsilk Mega Miss North East 2021 – Danube, Sanwaka and Pema."

"They have struggled their way to the top, managing to beat 47 other contestants. We are so proud and excited to be a part of their incredible journey," Singha added.

# Also read: Omicron alert: Manipur govt restricts music concerts, Thabal Chongba, feasts, large gathering till Jan 31

Twenty-year-old Pema Choden Bhutia, who hails from Sivik Lingdok, Sikkim, is currently pursuing her B. Tech in Civil Engineering in Bengaluru.

Speaking about her crowning moment, Pema said, "This is a dream come true. Sunsilk Mega Miss North East is a platform that not only gives women an opportunity to be themselves but also helps them to learn and grow. It helps women evolve and develop a vision for their lives."

Pema has a vision to use her title and influence to advocate for education of the underprivileged. She also aims to represent her state in the Miss India pageant.

The youngest and most pampered of 5 siblings, Sanwaka Surong from Shillong is currently pursuing her Masters degree in Tourism.

She said, "I am still unable to believe that I actually won the crown. I feel truly blessed and the feeling is indescribable. I feel so grateful to God – if it was not for Him, and for the love and support of my family and my friends, realizing this dream would not have been possible for me."

Twenty-year-old Sanwaka has lost both her parents, but with the help of her loved ones, she still stands strong.

She aims to use her own experience to help other orphans cope with the loss of their loved ones and help them understand that there will always be people to love them and support them.

She believes that losing somebody you love should not weaken you, rather it should help you derive strength from the fact that they will always be beside you in spirit and guide you from above.

Her vision is to help promote responsible tourist behaviour, so that the pristine nature of a tourist spot is not destroyed with irresponsible littering, overcrowding, and disrespectful behavior towards local people, their cultures, customs, etc.

Twenty-year-old Danube Kangjam from Imphal, who is currently pursuing her law education, was inspired by Mega Miss North East 2015 Jessica Marbaniang, and since then it has been a dream for her to participate in this pageant.

She has been preparing for this day all along and says that winning the crown is indeed a dream come true.

"This pageant holds a very special place in my heart, and my ambition to come here brought me into the world of pageantry through the state pageant. So, I feel really grateful and happy on winning this crown," she said.

She believes that this title will help her influence the youth and amplify her reach to a wider audience.

So, she aims to use her voice to speak out on a variety of social issues that concerns her like cybercrime, LGBT rights, body positivity and self-acceptance. She looks forward to participating in national pageants to take her vision forward.

The three winners were bestowed with gifts and vouchers worth approximately Rs. 1 lakh from MN Gifting Creation, Fit 7 by M.S. Dhoni, Raju Reyaz Hair Salon, Sai Infrastructure, Sohum and Personal Accidental Insurance worth Rs. 20 Lakhs each from Anant Creation Financial Services.

Apart from that, they have also won a professional photoshoot by Prashant Brahma Photography, travel opportunities, professional representations and grooming by Mega Entertainment, and opportunities to participate in different socio-cultural activities across Northeast.

Besides, the winners also get the opportunity to walk the ramp in various regional and national shows.

The Top-15 contestants participated in the Evening Gown presentation, where they showcased the creations by top fashion designers and brands like Jansai, Karan Thokchom, Arif Mukhim, and the Official Designer of Mega Entertainment Dipika Devi.

The judges who sealed the fate of this year's winner included: Fashion & Lifestyle Promoter Monika Devi, advocate Manish Kr. Das, Mega Miss North East 2012 Ibethoi Thokchom, Fashion Designer Arif Mukhim, and Mega Miss North East 2018 and Femina Miss India Assam Jyotismita Baruah.

The pageant organizers were also judged for a series of sub-awards.

Nishigandha Gogoi won the Sohum Miss Trendy subtitle, Pema Choden Bhutia won Radisson Blu Miss Hospitality, Jyotika Boruah won Eyetex Dazller Miss Beautiful Face, Sanwaka Surong won the Shoutout NE India Miss Tourism North East subtitle, Moyuri Deori won the Pageant Times Miss Popular subtitle and Ringjoy Leivon was awarded the Sunsilk Hair Hacks Diva subtitle.

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# Wild Life Week Celebration 2nd-8th October, 2021

Forest and livelihoods: Sustaining People and Planet

# Certificate of Achievement

This Certificate is awarded to Miss Reena Thongram of Synod College as the Third prize winner at the Inter College Poster Competition on the topic
"Sustaining all life on earth"

Organized by
Department of Zoology
Lady Keane College

Byrlers Tr (Ms.) R. Symun

Head of Zoology Department Lady Keane College, Shillong Kenso

R. Decruse

Principa

Lady Keane College, Shillong

# 4th Meghalaya Games 2022: WKH win women's football final, EKH the men's

By The Sports Room - May 6, 2022

**Shillong, May 6:** West Khasi Hills won the women's football final (featured photo of postmatch celebrations), while East Khasi Hills overcame a shock goal going against them to win the men's final on the last day of the 4th Meghalaya Games 2022 here today.



Badminton medallists and dignitaries, including the chief guest Commissioner & Secretary Syed Md A Razi



Boxing medallists and Working President of the Meghalaya State Olympic Association John F Kharshiing
East Khasi Hills went behind against Ri-Bhoi early in the men's football final at the SAI
Centre but then had it all their own way as they won the gold medal match 5-1, with
Aenam Jyrwa and Badonlang Rapsang scoring a brace of goals each.

West Khasi Hills, meanwhile, also won handsomely in the women's final, beating EKH 3-0 at Mawlai Madan Heh. Here Rivilda Rynjah scored twice. The bronze medals were won by East Jaintia Hills (who beat West Garo Hills 4-0) in the women's category and West Jaintia Hills (who won a 10-goal thriller 7-3 over neighbours East Jaintia Hills).

The two-day golf event concluded at Shillong Golf Course today. Making its debut at the 4th Meghalaya Games 2022, a good number of competitors took part.

In the ladies' category, Jyoti Agarwal claimed gold, Gunjan Singhania silver and Ooma Tiwari Tariang bronze. Anil Pargal won the super seniors event, with Col Jagdish Singh second and Dilip K Borah third. In the seniors, Benu Malakar claimed gold, Hector Marwein silver and Billykid Sangma bronze.

The mid amateur category was won by Dr KI Singh, who also had the lowest score overall, with Gaurav Bajaj in second and S Khonglah third. Jonathan Iawphniaw took gold in the amateur category, Jason Passah silver and Shaurya Goenka bronze.

Badminton, which was going on at the NEHU Indoor Hall, concluded with a high-intensity men's doubles match, which was won by the West Jaintia Hills pair of Mebanker Shullai and Gregor Passah, who defeated Rituraj Nag and Kiefer Shullai in an entertaining finale in the presence of Commissioner & Secretary Syed Md A Razi.

The men's singles was won by Nag, while Andrew Lotzem and Elsarica Umdor won the mixed doubles. The sister pair of Shagun Singh and Shristi Singh won the women's and girls' doubles. Shristi also won the women's singles and girls' singles. The boys' singles, meanwhile, was bagged by Cyrun Marak and the doubles by Jay Kshair and Gaurav Singh.

Boxing, which had to be postponed because of the bad weather yesterday, had its final bouts today morning at Mawlai Mawroh Community Hall.

There was competitive action of a high calibre, with participants drawn from around the state.

The winners in the men's division are as follows: Pynshailang Sohshang (46kg), Sanjeev Maskut (48kg), Prashant Dorjee (51kg), Batsilbert T Sangma (54kg), Sunil Limbu (57kg), Badonkupar Synnh (60kg), Baiamutlang Sungoh (63.5kg), Bhalang Shadap (67kg), Bolnas Sangma (71kg).

The winners in the women's division were: Bainlumlin L Nongpiur (46kg), Gracenylla Marbaniang (48kg), Rabiya Khan (50kg), Melina Basaiawmoit (52kg), Tredicia Lamare (54kg).

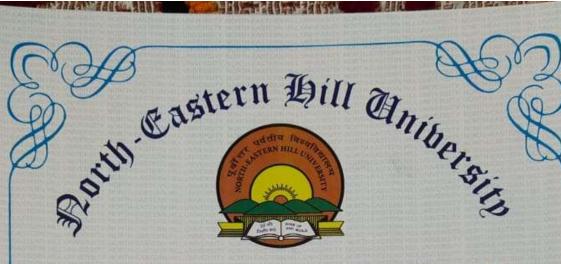
(Meghalaya State Olympic Association photos)

**Facebook Comments** 

Post Views: 925

**The Sports Room** 





Rajendra Kumar Sunehari Devi Jain Charitable Endowment Award (Book Grant)

# Citation

# Ms. IBASANIBHA LYNGDOH MARBANIANG

passed her B.Sc. (Zoology Honours) Degree Examinations in the year 2020 obtaining a First Class and having secured very high percentage of marks.

In recognition of her achievements, she is selected for the award of the Rajendra Kumar Sunehari Devi Jain Charitable Endowment Book Grant for the year 2020.

Accordingly, **Ms. Ibasanibha Lyngdoh Marbaniang** is hereby awarded the Rajendra Kumar Sunehari Devi Jain Charitable Endowment Book Grant for the year 2020 at this **XXVII CONVOCATION** of the North-Eastern Hill University, Shillong held on this Twenty First Day of the month of May, Two Thousand Twenty Two.

May 21st, 2022

Vice-Chancellor



## **MEGHALAYA COLLEGE TEACHERS' ASSOCIATION**

**SHILLONG** 

(Regd. No. RS/MCTA/ 65/72 of 1972)
"CELEBRATING OUR PAST, IGNITING THE FUTURE"
GOLDEN JUBILEE YEAR (1972 – 2022)

e-mail: mctashillong@gmail.com website: https://www.mcta.in

# RESULTS MCTA LITERARY COMPETITIONS 2022 (GOLDEN JUBILEE CELEBRATION)

The Editorial Board of the MCTA Golden Jubilee Souvenir is pleased to announce the winners of the inter-college literary competition held during February-March 2022 in different categories as given below. The prize distribution is tentatively scheduled to be held on 1<sup>st</sup> August, 2022 during the Closing Ceremony of the Golden Jubilee. The venue and other details shall be intimated to the winners subsequently.

### **POETRY COMPETITION**

| Theme: Education is the Key to a Better Life |               |   |                                 |               |  |  |
|--|---------------|---|---------------------------------|---------------|--|--|
| RANK   | NAME          | NAME of INSTITUTION                                   | TITLE of POEM                   | MARKS<br>(10) |  |  |
| FIRST  | Marbamon Rani | St. Anthony's College<br>4 <sup>th</sup> Sem Eng Hons | Weaponise Education             | 10            |  |  |
| SECOND                                       | Byabang Agnes | St. Mary's College, Shillong 6th Sem Pol Sc Hons      | Winter Fire of Burnt<br>Books   | 09            |  |  |
| THIRD  | Amrit Sunar   | <b>Shillong Commerce College</b>                      | <b>Education is Empowerment</b> | 08            |  |  |



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e-mail: mctashillong@gmail.com website: https://www.mcta.in

## 6<sup>th</sup> Sem Eng Hons

### **ESSAY COMPETITION** TOPIC: "HIGHER EDUCATION IN MEGHALAYA IN THE NEXT 50 YEARS: A VISION" Full Marks:15 **RANK** NAME of INSTITUTION NAME **MARKS** (15)**FIRST** Adrian Lara Nongbri St Anthony's College, Shillong 12 M Joseph Lal Min Sang, BA 6th Semester **Synod College, Shillong SECOND** 11 **Department of Political Science** Union Christian College, **THIRD** 1.Paul Melvyn Pathaw, BA 6th Semester, 09 **Department of Philosophy** Umïam Khwan 2. Arkidonald Syngkli, BSc 2nd Semester, **Synod College, Shillong** 09 **Department of Zoology**



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e-mail: mctashillong@gmail.com website: https://www.mcta.in

# **SHORT STORY WRITING COMPETITION (Full Marks: 15)**

| RANK   | NAME  | NAME of INSTITUTION     | TITLE of Story |
|--------|---|-------------------------|----------------|
| FIRST  | Akanksha Priyadarshini BA 2nd Semester Dept<br>of English           | St. Anthony's College   | People         |
| SECOND | Earic Wanlambok Sohtun BA 6th Semester<br>Dept of Political Science | St. Anthony's College   | Illumination   |
| THIRD  | 1. Menangtei Kupar Thangkhiew, Department of Electrical Engineering | NIT Meghalaya           | Eden           |
|        | 2. Khai Eleazer Thatsing BA 5th Semester Dept of English            | <b>Shillong College</b> | Twisted Fate   |

P. Brown.

Ms. B.H. Buam, Ph.D.

President

dh

Dr. Airpeace W. Rani

General Secretary (9615614322)



# 4th MEGHALAYA GAMES 2022









**MEGHALAYA STATE OLYMPIC ASSOCIATION** 

Organised by

# **CERTIFICATE OF MERIT**

This is to certify that

has been awarded Gold/Silver/Bronze in

Momen.

Thankih khien

Lanale

Blue - Black Belt

category/event in the 4th Meghalaya Games 2022 held at Shillong from 2nd to 7th May 2022.

SHRI BANTEIDOR LYNGDOH, Hon'ble Minister, Sports & Youth Affairs, Govt.of Meghalaya





SHRI FINELY L. PARIAT Organising Secretary

















































